

# LifeTalk is more than radio!

CHECK OUT OUR AWESOME

## RESOURCES

CoronaVirus Info



FREE Digital eCards



FREE Printed Sharing Cards



FREE Printed Rack Cards



FREE Printed Stickers



Bulletin Inserts



Sharing Posters



Bible Study Guides



Give Now

LifeTalk Radio is donor supported, thank you for your ongoing contributions



### Use **FREE** Sharing Cards



### Let's talk cost-effective

In an effort to be more cost-effective with our printing and mailing, we've decided to mail fewer letters throughout this year, and to minimize the expense of full color printing. Our goal is to put more funding directly into spreading the Gospel through media.

Please be sure to sign up online for our email newsletter which is distributed more frequently and will keep you updated regularly.

We recognize that seeing sharing cards in black and white is not nearly as attractive as color. Thus we invite you to preview the beautiful color cards, posters, bulletin inserts and more, online at: **LifeTalk.net**

Please select the "RESOURCES" tab and easily locate the various pages for: posters, bulletin inserts, stickers, sharing cards, rack cards and eCards. Please order and use these FREE resources in telling others about LifeTalk Radio.®



# LifeTalk.net



PO Box 7150 • Riverside, CA 92513 • 800-775-HOPE • LifeTalk.net

Connecting You With Christ

March / April 2021

Dear Partner,

When I read how many suicides occur annually I was shocked!

We hear a lot in the news about how many people have died and are dying of COVID, but we rarely hear about the dramatic statistics related to those who feel there is no way out, but to take their own life.

According to the World Health Organization, 800,000 people on this planet take their own life every year. That's one person every 40 seconds! And that is a whole lot more than have died in this country so far from COVID. But like COVID patients, these individuals die alone in isolation.

### *Here are some grim facts about suicide:*

- Since 1999 in the USA alone there has been a 35% rise in the suicide rate.
- Suicide is a leading cause of death among young people.
- Twice as many people die from suicide as from homicide.
- Globally the suicide rate for men is twice as high as for women.
- In the United States, that rate increases. Suicide rate among men is 3.7 times higher!
- The CDC reports that in 2018, over ten million adults contemplated suicide, and 3.3 million made plans for suicide, and 1.4 million actually attempted suicide.

Additionally, due to the stigma associated with suicide, many cases go unreported. Thus all the figures reported are most likely higher.

This pandemic has certainly caused more than just physical death. It has also caused emotional trauma, increased depression (which is the leading cause of suicide), financial ruin, broken homes and an overall distress and anxiety that has people feeling like things may never return to normal. Researchers estimate that the long term psychological effects may well outlast the physical pandemic.

*“Since the coronavirus arrived, depression and anxiety in America have become rampant. Federal surveys show that 40 percent of Americans are now grappling with at least one mental health or drug-related problem. But young adults have been hit harder than any other age group, with 75 percent struggling.”* The Washington Post, November 23, 2020

The Washington Post also stated: *“One in four young adults have struggled with suicidal thoughts since the coronavirus hit.”* It caused one father, who lost a son to suicide last year to ask, *“What if the pandemic never happened, would my son still be alive?”*

Another headline reads, **“Suicide Mortality and Coronavirus Disease 2019—A Perfect Storm.”** The article comments: *“Weekly attendance at religious services has been associated with a 5-fold lower suicide rate compared with those who do not attend. The effects of closing churches and community centers may further contribute to social isolation and hence suicide.”* \*

With many people unable to attend church, unable to mix socially, unable to see friends, unable to escape the negative effects of this pandemic, **it’s more important than ever for people to find the messages of hope and healing on LifeTalk Radio.**

At times we receive letters like this: *“I am depressed thinking God doesn’t love me sometimes with the spiritual war that I face. Sometimes I just get worn down and depressed. I don’t have my family since I got saved. Things got harder. Thanks for praying for me, and thanks for the Bible verses for encouragement. That is the most encouragement I have had all year. Thanks”*

Your participation allows LifeTalk Radio to reach out and touch those who need encouragement. The Easter season is approaching and with it comes a renewed public interest in religion. We must let them know a risen Savior is here for them. Now more than ever your sacrificial gift will help expand the outreach of this media ministry.

Many who are suffering with mental issues like depression and suicide do not know about LifeTalk, nor about LifeTalkKids.net available for their children. Right now we need a maximum push on social media to get the word out that LifeTalk Radio is here for them.

Please tell your friends and neighbors that LifeTalk Radio can provide a lifeline to hope and health. Use a FREE handy sharing card, or email a FREE digital eCard which is fast, simple and easy. You can even post an eCard to your Facebook or Twitter page. For details, just visit [LifeTalk.net/resources](http://LifeTalk.net/resources)

You can also help by sharing the enclosed card: Take Charge of Your Health. Order more FREE cards at: [LifeTalk.net/rack-cards](http://LifeTalk.net/rack-cards). Or email a digital version to friends and family.

### How Can They Hear?

*How can they believe in him if they have never heard about him? And how can they hear about him unless someone tells them?* Romans 10:14 NLT

The answer to that question is LifeTalk Radio. This ministry shares the Good News of Jesus 24 hours a day all around this planet. LifeTalk Radio exists to connect people with Christ. You can help make that happen, one life at a time. Please give today.



### LifeTalk Can Help!

For your spiritual health and well-being, consider listening to a short devotional thought each day. Select from: A Better Way to Live, A Word with You, Every Word, or The Word (Bible readings)



LifeTalk Radio is making a difference. We know when we receive letters like this: *“I am thankful for LifeTalk because it’s always comforting and uplifting. Thanks!”*

And thank you for your participation and continued support which makes blessing others possible.

Yours for connecting desperate people with Jesus Christ,

John Geli  
Manager/Director LifeTalk Radio

P. S. More than ever before I’m convinced that we are much closer to the second coming of Jesus. Many who today, have suicidal thoughts must hear the message of hope and healing provided by LifeTalk Radio. But who will tell them? Will you help us reach them? Your gift large or small will make a difference in someone’s life. Please use the handy reply card and mail it with your check. Or include your credit card number and sign up for an automatic monthly contribution. You can also give online at [LifeTalk.net](http://LifeTalk.net) and click the “donate” button.

### Pandemic and Suicide

“Increased suicides rates have been linked in connection with major crises. A global pandemic, political unrest, the state of race relations, financial instability, job loss and global warming all add to stressors that can contribute to suicidal thoughts.”  
<https://www.colemanservices.org/suicide-rates-are-escalating/>

**If you are dealing with suicidal thoughts** you can receive immediate help by visiting [Suicide.org](http://Suicide.org), or by calling 1-800-SUICIDE in the USA.

\* <https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2764584>

additional sources  
[ourworldindata.org/suicide](http://ourworldindata.org/suicide)  
[en.wikipedia.org/wiki/Suicide\\_in\\_the\\_United\\_States](http://en.wikipedia.org/wiki/Suicide_in_the_United_States)  
[www.colemanservices.org/suicide-rates-are-escalating/](http://www.colemanservices.org/suicide-rates-are-escalating/)  
[www.cdc.gov/nchs/products/databriefs/db362.htm](http://www.cdc.gov/nchs/products/databriefs/db362.htm)  
[www.washingtonpost.com/health/2020/11/23/covid-pandemic-rise-suicides/](http://www.washingtonpost.com/health/2020/11/23/covid-pandemic-rise-suicides/)