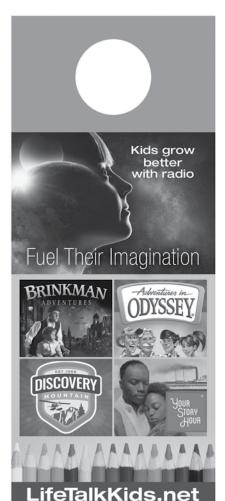






A new school year has begun. What do your kids do *after* school? Often when kids come home they plop in front of the television. But research shows that excessive TV viewing causes kids to have trouble paying attention and thinking clearly. But radio can fuel their imagination. LifeTalkKids.net has dozens of excellent programs to expand the minds of children. Encourage your kids to listen and learn. Discover adventure tales, Bible stories, science, history, nature and more. Programs are designed to help children develop a Christian character and a strong internal moral compass. Our streaming kids channel not only keeps your children entertained but also keeps their minds active and learning. One parent shared, "Thank you for your LifeTalk Kids streaming channel. My son is learning so much about the Bible through your ministry. He listens to your programs all the time. Keep up the good work!" Another parent said, "We have just recently found your streaming website for kids. We LOVE it. Thank you!! My kids are enjoying it and listen several times each day." LifeTalk Kids is available 24/7 online and on our FREE LifeTalk App. Download the app (lifetalk.net/connect) and discover all three of our streaming channels: LifeTalk Radio, LifeTalk Kids and LifeTalk Music.



Share Our FREE Door Hangers

LifeTalk provides free door hangers and programs cards to help you share LifeTalk in your community. The new cards include a QR code for easy access to our LifeTalk App. We've also added door hangers. The cards are great for fairs and other public events, and for Halloween. The door hangers are great for sharing in your community. Cards are FREE and can be ordered at: lifetalk.net/program-cards

Use Our FREE Resources at Halloween

When kids come calling on your door on October 31, give them something extra. LifeTalk has many FREE stickers and printed sharing cards designed especially for kids. Please help the visitors at your door learn about LifeTalk Kids. You can help save the next generation from the evils of this world simply by giving them a sharing card, program card or sticker when they ring your door bell. Order sharing cards and stickers at: lifetalk.net/resources or call 1-800-775-4673.





PO Box 7150 • Riverside, CA 92513 • 800-775-HOPE • LifeTalk.net

Connecting You With Christ

Fall 2025

Dear Partner,

Our world is facing a new addiction: Social Media. The surgeon general warns that <u>too much social media can be harmful to the health of children and teens</u>. According to a survey done by Civic Science, nearly 60% of our population supports putting a warning label on social media platforms to alert users to the potential dangers of mental health.

While good content is always available online, today, <u>children</u> and <u>youth face a high risk</u> of exposure to harmful content. American youth crave contact and spend more than three hours every day on social media. This poses a threat for disrupted sleep, depression, anxiety and other disorders, plus the devastating impact of online bullying. Nearly 1 in 5 kids have experienced cyber bullying which can lead to suicide and other risk factors. <u>92% of parents think social media and the internet is having a negative impact on children.</u>

It's estimated 210 million people suffer from internet and social media addiction across our planet. 52% of students said social media made them feel less confident about how they look or how their life lacks interest. Symptoms of loneliness and depression can be significantly reduced by eliminating or drastically limiting the amount of time spent with social media and by choosing positive content like the programs offered on LifeTalk Radio.

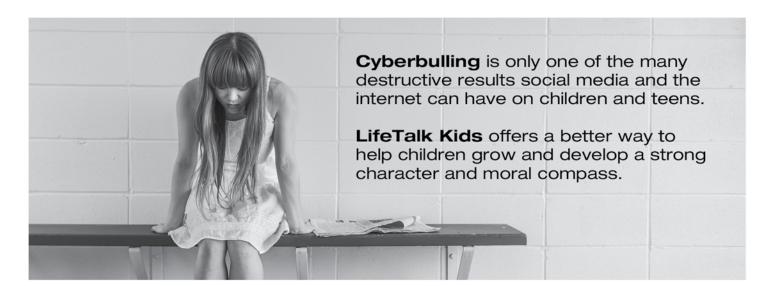
The internet and social media is rewiring the brains of our children and creating an anxious generation that's causing an epidemic of mental illness and addiction. The question is: Are we interested in guarding the mental and emotional health of our children? If so, there are ways to combat the current dilemma. One way is to encourage children and teens to listen to LifeTalk Kids. The focus of our programming is not only quality entertainment



LifeTalk Kids

provides excellent fun and entertainment plus educational and character-building programs When kids listen to audio programs their minds are actively involved and their creativity is engaged.

LifeTalk Kids combats the harmfulness of social media and the internet.



but also excellent education and encouragement for building strong moral characters. Kids grow better with radio! <u>LifeTalk is nurturing positive mental health globally.</u>

What is attracting your children or grandchildren? Who are the influencers in their lives? Today's kids are bombarded with content, images and videos that promote evil. Why not help kids choose a better way by spending time with LifeTalk Kids? When kids listen to the positive programs we broadcast, they will *become* positive. Help your kids avoid the worthless idols of this world and keep them from becoming worthless! Help your children choose Jesus as their number one influencer. Teach them this prayer, "Keep me from paying attention to what is worthless." Psalm 119:37 GNT

The threat posed by the internet, gaming and social media is very real. This global and national epidemic has caused the surgeon general to recommend adding a warning label, like the kind printed on packs of cigarettes. You may be asking, "How can I help?" October 10 is the annual World Mental Health Day. Why not commit to participating in the following ways:

- 1. Encourage children in your family and neighborhood to listen to LifeTalk Kids. You'll find a large variety of awesome programs and thrilling audio dramas. Check them out at: lifetalkkids.net/programs. And visit the kids program schedule for your time zone at: lifetalkkids.net/program-schedule. Download our free app at: lifetalk.net/connect
- 2. Use our FREE sharing cards and stickers to make your community aware of LifeTalk Kids. It's easy to hand out a small sharing card. We have some attractive cards designed especially for kids and teens. Order a supply of sharing cards by calling: 1-800-775-4673 or visit: lifetalkkids.net/sharing-cards
- **3**. **Continue to support LifeTalk** monthly to help us provide positive programming for kids and thus protect our children and foster better future generations. Your gifts help LifeTalk expand to reach a wider audience. To give, please call 1-800-775-4673 or donate online at: lifetalk.net/donate

4. Pray! Prayer can make a difference. We encourage you to pray for the children and teens in your community. The darkness and evil of the internet has an insidious way to reach into every home, every family, every bedroom, and every mind. The battle is real. "For we are not fighting against people made of flesh and blood, but against the evil rulers and authorities of the unseen world, against those mighty powers of darkness who rule this world, and against wicked spirits in the heavenly realms." Ephesians 6:12 NLT. If you have a prayer request, please let us know. We want to pray for you. Share your prayer requests online at: lifetalk.net/prayer. Or call our prayer hotline: 1-800-775-HOPE (4673).

The goal of LifeTalk Radio is to connect people with Christ. The uplifting music and encouraging programs we broadcast are designed to lift souls above the destructive realms of this world. Thank you for helping to make this radio ministry possible. Your continued prayers and support are making a difference in lives around the world.

With gratitude,

John Geli

Ministry Director, LifeTalk Radio®

Is Happiness Disappearing

The world happiness report shows the U.S. broke a new record low, and young people under 30 are driving the downward shift. A headline in Fortune magazine reads: "America's hopelessness crisis may have less to do with the economy and more to do with Gen Z's mental health, new survey shows," Is there a relationship between mental health and hope? It's a fact, today's society is constantly bombarded by negative media, negative images and negative messages. Could a sense of hopelessness stem from the negative mental content consumed by people today? At LifeTalk, we still believe Jesus is the answer to the hopelessness in our world today. Hence our goal is to connect people with Christ. Join us in reaching a lost world, mired in hopelessness. Become a LifeTalk partner and participate financially every month. Also pray for those caught in a cycle of hopelessness and bombarded by the negative influences of this world. And share LifeTalk Radio with others. Listeners will be uplifted and hope can be restored. Send them a free digital eCard at: lifetalk.net/ecards

Grandparents Day

This year National Grandparents Day is Sunday, September 7. Be sure to send your grandparents a digital sharing card. LifeTalk has a selection of beautiful greeting cards designed especially for Grandparents Day. It takes less than a minute for you to send your grandparents a FREE digital greeting card at: lifetalk.net/ecards. Take another minute to watch our special Grandparents Day video at: lifetalk.net/videos

